

Lumback

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Dear customer, we thank you for the trust placed in an EMO product. By choosing an orthosis of the Lumback line you have acquired a quality product and high medical standard. Read these instructions carefully. If you have any questions, please contact your doctor or your specialist establishment.

NORMATIVE

The medical device complies with Regulation (EU) 2017/745 of the European Parliament and of the Council on medical devices and the respective national regulations. Class I medical device, non-sterile, without measurement function.

DESCRIPTION AND CHARACTERISTICS

FJ201: Adjustable Lumbosacral Orthosis Labor: Side elastic bands for greater sacrolumbar discharge. Contains four conformable steels on its back. Wide velcro closure that makes it easy to adapt. It incorporates straps that help to hold the girdle over the shoulders when the patient does not need to wear it tight. FJ103 / FJ203P: Adjustable Lumbosacral Orthosis: Side elastic bands for greater sacrolumbar discharge. Contains four conformable steels on its back. FJ204: Lumbar support: designed to be incorporated into a Lumback lumbosacral orthosis (FJ201, FJ203, FJ204, LS301, LS302, CLS310 and CLS320), transforming it into a dorsolumbar orthosis. Adaptable to any size of the Lumback lumbosacral orthosis. Incorporates two conformable and removable steel blades. The padded scapular-axillary struts are adjusted by means of micro-grooves or by easy and rotational closing buckles.

EFFECTS

FJ201, FJ201P / FJ103, FJ203,

FJ204, LS301, LS302, FJ150, FJ140:

Fastening, Containment, Stabilization, Lumbar discharge, Control of mobility in flexoextension. FJ204, LS302: The sacrolumbar height is specially designed for the treatment of high lumbar lesions, pathologies that distribute the discharge and supports the area. Incorporates four steel straps. FJ203, FJ204 High: Adjustable Lumbosacral Orthosis. Side elastic bands for graduating discharge and sacral ligation. Incorporates steel straps. LS301, LS302 High: semi-rigid orthoses. Inelastic sacrolumbar piece that distributes the discharge and supports the area. Side elastic bands for graduating discharge and sacral ligation. Incorporates four conformable steel straps. The anterior part contains two whistles for booster for the abdominal area. FJ140: Semi-rigid orthoses. It incorporates four straps of steel on the zone lumbosacral. Elastic material of great resistance. Wide velcro closure. FJ208: Dorsolumbar orthosis made with elastic fabric highly breathable. It has scapuloaxillary straps that facilitate the retroversion of the shoulders. Inelastic sacrolumbar piece that distributes the discharge and supports the area. Incorporates four conformable steel straps. DLS308: Dorsolumbar orthoses. Inelastic sacrolumbar piece that distributes the discharge and supports the area. Side elastic bands for graduating discharge and sacral ligation. Incorporates four conformable steel straps. LS301, LS302 together with a Lumback lumbosacral orthosis: Interdiscal discharge, intra-abdominal pressure, limitation of flexion-extension movement, lateral tilt and rotation, immobilization, delamination, DLS320 along with a Lumback lumbosacral orthosis:

Interdiscal discharge, intra-abdominal

pressure, limitation of

flexion-extension movement, lateral

tilt and rotation, immobilization,

delamination, DLS320 along with a

Lumback sacrolumbar orthosis:

shoulder retroversion.

INDICATIONS

FJ201, FJ201P / FJ103, FJ203,

FJ204,

LS301,

LS302,

FJ150,

FJ140:

Low back pain, disc protrusion,

muscular hypotonia, spondylolisthesis, osteoporosis, degenerative discopathy, trauma, prevention, protection, postural and post-surgical rehabilitation. FJ208, DLS308, DLS230: Dorsalgia, osteoporosis, spondyloarthritis, disc degeneration, vertebral fracture, muscle hypotonia, traumas, postural and post-surgical rehabilitation. CLS310, CLS320: Low back pain, protrusions and other disc degenerations, discopathies, lumbosacral processes (spondylitis, spondylolisthesis, spondyloarthritis), osteoporosis, muscular hypotonia, traumas, disc and vertebral collapses, vertebral fractures, postural and postrehabilitation rehabilitation and in those cases in which are intended to discharge, limit flexo-extension mobility and immobilize lateral and rotational movements.

INSTRUCTIONS FOR USE AND PLACEMENT

FJ201 and FJ140: place the strip on the sacrolumbar zone at the correct height for use. Help the fingers to

tighten and tighten the garment over the abdomen. Close the garment with velcro once obtained the desired compression. FJ201P / FJ103, FJ203, FJ204, LS301, LS302: Place the strip on the sacrolumbar zone at the correct height for use. With loose sidebands tighten and tighten the garment over the abdomen. Close the garment with velcro once obtained the desired compression. Then regulate the discharge and lumbar support with the help of the lateral bands and fix them on the abdominal area. Also on the FJ208 and DLS308: pass the straps over the shoulders, then under the armpits, cross over the dorsal area, surround the thorax and fix them with velcro on the abdominal phone. FJ150: Fasten the short ends of the strips to the back of the strap (if necessary). Place the strip on the sacrolumbar area at the correct height for use. With loose sidebands tighten and tighten the garment. Do not use bleach or dry clean. For drying, extend the garment and do not expose it directly to a direct heat source. Store at room temperature, preferably in the original package.

The correct choice of the appropriate size for each patient is essential to obtain the highest degree of therapeutic efficacy and prolong the useful life of the orthosis. The adjustment of the orthosis should be individual. The use of this orthosis is conditioned to the indications of the prescriber so it must be used for the purposes indicated by him. Do not expose the garment to a flame or heat source at very high temperatures.

WASHING AND MAINTENANCE

Hand wash with warm water (maximum 30°) and neutral soap. During washing, if the garment has Velcro, it must be glued together or kept closed. Dry at room temperature. Do not store or iron the garment. Contact with ointments, creams, alcohols and solvents may deteriorate the garment. Do not use bleach or dry clean. For drying, extend the garment and do not expose it directly to a direct heat source. Store at room temperature, preferably in the original package.



